

Cybersecurity Awareness

- Purpose is to raise the awareness on current cyber threats and their implications
- Share knowledge about prevention and provide direction on various layers of protection that is available and may be required
- Prevention needs to become a routine activity
- Action items outlined in this class can provide you with a plan to help if you encounter a cyber threat

2025 Q1 Data Compromise Highlights

ITRC | IDENTITY THEFT
RESOURCE CENTER

TOTAL
COMPROMISES
824
IN Q1

91,344,628
VICTIM NOTICES

703 DATA BREACHES
90,606,472 VICTIM NOTICES

6 DATA EXPOSURES
424 VICTIM NOTICES

0 DATA LEAKS
0 VICTIM NOTICES

115 UNKNOWN COMPROMISES
737,732 VICTIM NOTICES

TOP COMPROMISES IN Q1 BY INDUSTRY

1 **Financial Services**
193 COMPROMISES

2 **Healthcare**
136 COMPROMISES

3 **Professional Services**
86 COMPROMISES

4 **Manufacturing**
75 COMPROMISES

5 **Education**
63 COMPROMISES

TOP COMPROMISES IN Q1 BY VICTIM NOTICE COUNT

1 **PowerSchool**
71,900,000 VICTIM NOTICES

2 **DISA Global Solutions, Inc.**
3,332,750 VICTIM NOTICES

3 **New York University**
3,000,000 VICTIM NOTICES

4 **Community Health Center, Inc.**
1,060,936 VICTIM NOTICES

5 **Hospital Sisters Health System**
882,000 VICTIM NOTICES

TOTAL ATTACK VECTORS BREACHES/EXPOSURES & VICTIM NOTICES



Cyberattacks
638 BREACHES
OR EXPOSURES
90,496,274
VICTIM NOTICES



**System &
Human Errors**
60 BREACHES
OR EXPOSURES
104,128
VICTIM NOTICES



**Physical
Attacks**
11 BREACHES
OR EXPOSURES
6,494
VICTIM NOTICES



**Supply Chain
Attacks**
44 BREACHES
OR EXPOSURES
336 ENTITIES
AFFECTED
3,360,129
VICTIM NOTICES

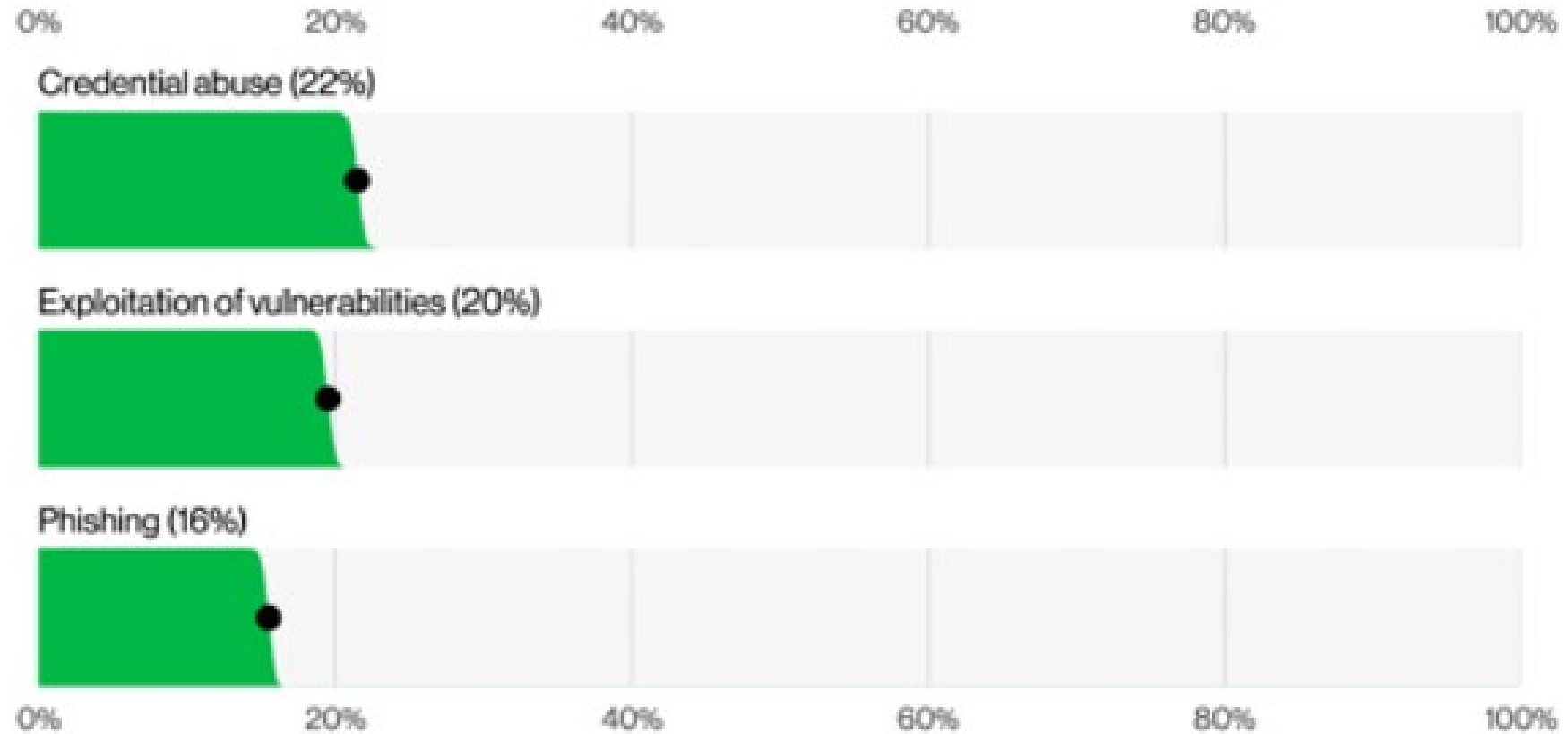
68%
OF ALL NOTICES
**Did Not Contain Attack
Vector Details**
562 NOTICES

32%
OF ALL NOTICES
**Did Contain Attack
Vector Details**
262 NOTICES



2024 CRIME TYPES *continued***BY COMPLAINT LOSS**

Crime Type	Loss	Crime Type	Loss
Investment	\$6,570,639,864	Extortion	\$143,185,736
Business Email Compromise	\$2,770,151,146	Lottery/Sweepstakes/ Inheritance	\$102,212,250
Tech Support	\$1,464,755,976	Advanced Fee	\$102,074,512
Personal Data Breach	\$1,453,296,303	Phishing/Spoofing	\$70,013,036
Non-Payment/Non-Delivery	\$785,436,888	SIM Swap	\$25,983,946
Confidence/Romance	\$672,009,052	Overpayment	\$21,452,521
Government Impersonation	\$405,624,084	Ransomware *	\$12,473,156
Data Breach	\$364,855,818	Harassment/Stalking	\$10,611,223
Other	\$280,278,325	Botnet	\$8,860,202
Employment	\$264,223,271	IPR/Copyright and Counterfeit	\$8,715,512
Credit Card/Check Fraud	\$199,889,841	Threats of Violence	\$1,842,186
Identity Theft	\$174,354,745	Malware	\$1,365,945
Real Estate	\$173,586,820	Crimes Against Children	\$519,424
<i>Descriptor**</i>			
Cryptocurrency	\$9,322,335,911		



Verizon 2025 Data Breach Report

Credentials abuse increase of 34% in relation to last year.

Darn, now everyone knows they really are my brothers!

- **23 & Me**
- Affecting nearly 7 million users.
- Hackers accessed sensitive data, including health reports and genetic information.
- \$30 million settlement was reached
- Due to a credential stuffing attack

Is That Really You?

- **Arup - Engineering & Design Firm**
- Finance staff at multinational firm in Hong Kong wired \$25.6 million to scammers.
- Suspicious of email from CFO in UK.
- But... attended a video conference call with CFO and other colleagues and was assured the request was real.
- The entire video call was all a Deep Fake.



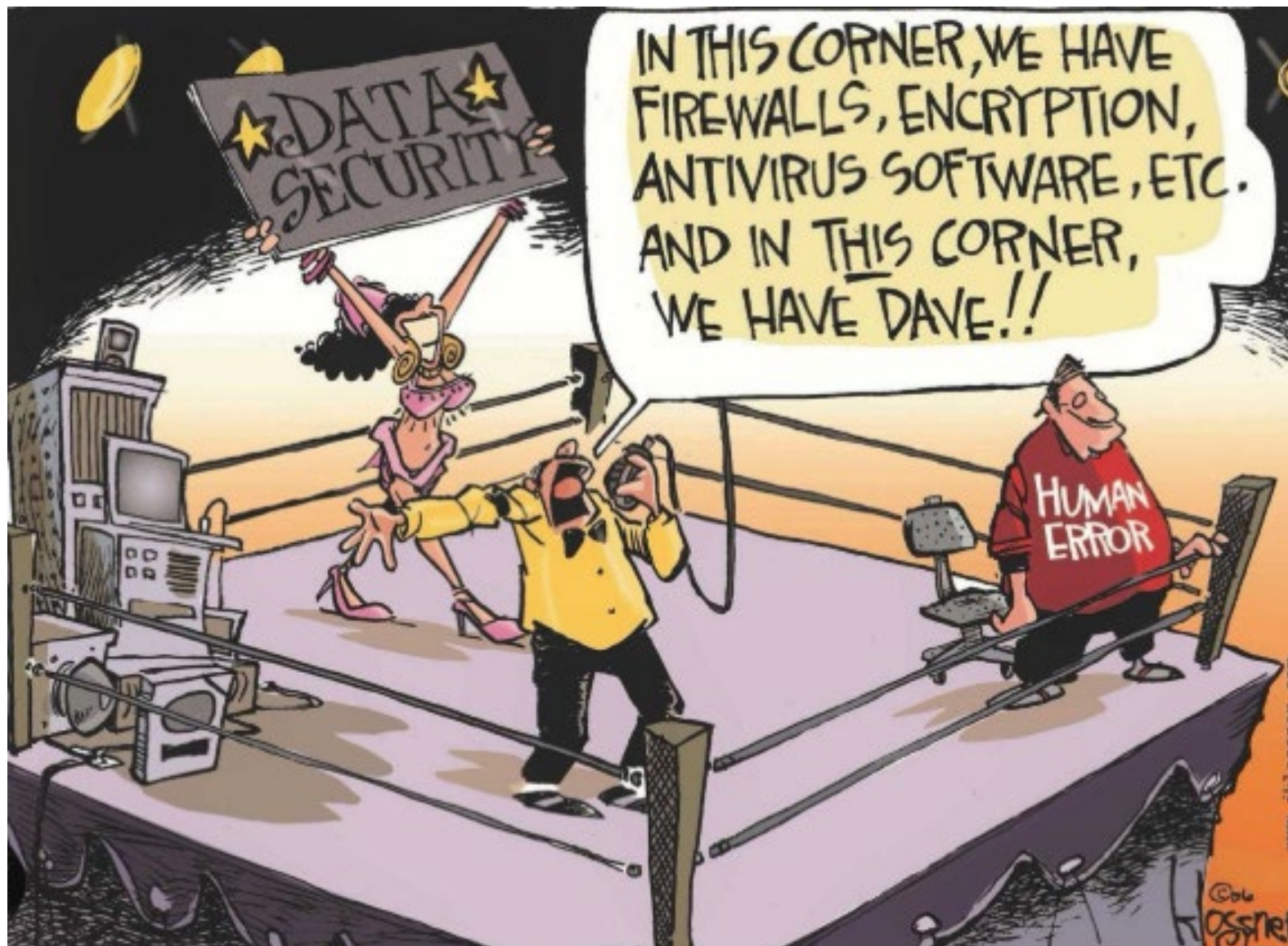
As Blondie Sang: Call Me!

- **Chicago Department of Aviation**
- Attack via targeted email to accounting department supposedly from major vendor with a change to bank information.
- City made the change and wired \$1.1 million to pay their bills.
- Vendor contacted city that they had not been paid.
- Luckily, the new bank, Wells Fargo, suspected something suspicious and put a hold on the money.

Next Time, Use a REALTOR®

- Couple listed home on Zillow for \$1.2 million FSBO.
- Withdrew it later but left it online.
- Hackers took over the listing and changed the price to \$10,200.
- Instructions to transfer \$200 (to hackers) to get on list to view without meeting with anyone.





Social Engineering Red Flags



FROM

- I don't recognize the sender's email address as someone I **ordinarily communicate with**.
- This email is from **someone outside my organization and it's not related to my job responsibilities**.
- This email was sent from **someone inside the organization** or from a customer, vendor, or partner and is **very unusual or out of character**.
- Is the sender's email address from a **suspicious domain** (like micorsoft-support.com)?
- I **don't know the sender personally** and they **were not vouched for** by someone I trust.
- I **don't have a business relationship** nor any past communications with the sender.
- This is an **unexpected or unusual email** with an **embedded hyperlink or an attachment** from someone I haven't communicated with recently.



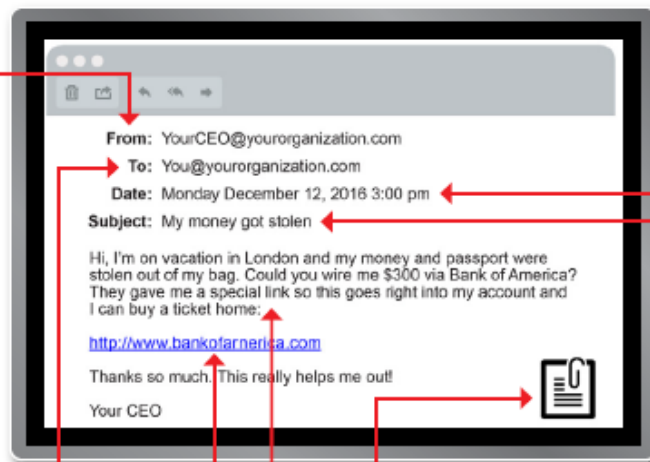
TO

- I was cc'd on an email sent to one or more people, but I **don't personally know** the other people it was sent to.
- I received an email that was also sent to an **unusual mix of people**. For instance, it might be sent to a random group of people at my organization whose last names start with the same letter, or a whole list of unrelated addresses.



HYPERLINKS

- I hover my mouse over a hyperlink that's displayed in the email message, but the **link-to address is for a different website**. (This is a **big red flag**.)
- I received an email that only has **long hyperlinks with no further information**, and the rest of the email is completely blank.
- I received an email with a **hyperlink that is a misspelling** of a known web site. For instance, www.bankofarnerica.com — the "m" is really two characters — "r" and "n."



DATE

- Did I receive an email that I normally would get during regular business hours, but it was **sent at an unusual time** like 3 a.m.?



SUBJECT

- Did I get an email with a subject line that is **irrelevant** or **does not match** the message content?
- Is the email message a reply to something I **never sent or requested**?



ATTACHMENTS

- The sender included an email attachment that I **was not expecting** or that **makes no sense** in relation to the email message. (This sender doesn't ordinarily send me this type of attachment.)
- I see an attachment with a possibly **dangerous file type**. The only file type that is **always safe to click on is a .txt file**.



CONTENT

- Is the sender asking me to click on a link or open an attachment to **avoid a negative consequence** or to **gain something of value**?
- Is the email **out of the ordinary**, or does it have **bad grammar** or **spelling errors**?
- Is the sender asking me to click a link or open up an attachment that **seems odd or illogical**?
- Do I have an **uncomfortable gut feeling** about the sender's request to open an attachment or click a link?
- Is the email asking me to look at a **compromising or embarrassing picture** of myself or someone I know?

Data Retention & Destruction

- All associations and business should have a data retention & destruction policy
- Inventory all business documents you have, paper and electronic.
- Be sure to destroy the documents when the retention period is up.

Just because you have the room for the information is not a reason to keep it indefinitely.

Cybersecurity Awareness Training

- Nearly three quarters of data breaches involve the human element.
- By understanding common risks and best practices, people can minimize the chances of falling victim to attacks like phishing, malware, and social engineering.
- Ongoing cybersecurity education fosters a culture of vigilance and accountability, where security becomes a shared responsibility.

Keep Software Up To Date

- Be sure your laptop is always up to date with the latest anti-virus/anti-malware upgrades.
- Keep up to date with the browsers you use.
- Smart Phones are just as vulnerable to viruses and malware as laptops. Be sure you keep the phones & tablets updated with the latest operating system software.

And don't forget to apply updates from all the applications you have on the phone and tablet.

Third Party Access

- Third parties who store your data or software should always go through a legal review & security audit.
- Make sure you have an inventory for each third party provider – exactly what data they have.
- You should also be sure your agreement covers what they can and cannot do with the data.

Smart Password Management

- Never use your business network password anywhere else.
- Make sure all your passwords are complicated and consider using passphrases.
- Do not use the same password at more than one site.
- Consider using a password vault/manager.

Remember....

We are all human which means

- We start from a position of trust.
- We want to help others.
- We want to deliver great service quickly.

Your Best Tool



Always ask: Stop, Wait, Does this make sense?

- Would this person normally email you with that request?
- Does your bank ask you to send them your password?
- Does this sound like someone you have been working with?
- Were you expecting this attachment from your manager?